

CALL FOR TWO HOUR WORKSHOP PRESENTATION PROPOSALS
TWELFTH ANNUAL CANADIAN ENERGY PSYCHOLOGY CONFERENCE
EPC Canada 2010

The Art and Science of Energy Psychology: Healing as a Psychological Art Form

Sponsored by the Canadian Association for integrative and Energy Therapies (CAIET)

Main Conference: November 5 – 7, 2010

Pre-Conference Workshops: November 4

Post-Conference Workshops: November 8

Novotel Toronto Centre
45 The Esplanade, Toronto, ON, Canada, M5E 1W2
416-367-8900

REQUEST FOR PROPOSALS

We are currently accepting proposals for 2-hour breakout presentations at the 12th Annual Canadian Energy Psychology Conference to take place in the heart of exciting downtown Toronto a world-class city and cultural leader renowned for its theatre, art galleries, music venues, and gourmet restaurants.

We are planning on a maximum of 30 breakout sessions in five concurrent sessions over the course of the three main conference days as well as morning warm up sessions, evening activities and keynote addresses. All proposals must be submitted via email no later than **February 26th, 2010**. There will be no extension to this deadline.

In addition to some of the outstanding presenters from previous conferences, our outstanding presenters continue to be selected from The Best of the Best as we continue expand our circle by inviting extraordinary new talent influential in fields related to Energy Psychology. This conference continues to provide an exceptional opportunity to network, build connections and share your discoveries, innovations and wisdom with colleagues from around the world.

You will also have the opportunity of selling your books, manuals, CDs, and other items in our professionally managed conference bookstore.

Conference Goals:

- To more fully define, establish and promote the evolving discipline of energy psychology through theory, application, innovation, ethical use, and research.
- To keep participants at the forefront of the latest developments in energy psychology, including the theory and research basis for the discipline of energy psychology.
- To deepen participants' understanding of energy psychology as a developing complementary modality within the mind/body interaction framework.
- To explore specific means of addressing emotional/psychological distress, as well as peak functioning, by using a range of energy-oriented approaches.
- To continue the conference's tradition of meeting these goals in an atmosphere of collegiality, collaboration, compassion, and fun.

CRITERIA FOR SELECTION

Each proposal must directly relate to Energy Psychology and will be reviewed by the Education Committee.

Proposals will be selected on the following basis:

1. Relevance to the goals of the conference.
2. Relevance to a multidisciplinary audience.
3. Relevance to an international audience.
4. Originality and innovation, including the use of panel discussions.
5. Completeness of the proposal application.
6. Organization and clarity.
7. Appropriateness for the skill-level indicated.
8. Membership participation in CAIET &/or ACEP. Preference given CAIET and/or ACEP members.
9. Proposals that reflect new material

NOTE: While we consider all eligible submissions, it is beneficial if you have attended one of our conferences.

Important Information:

- All breakout sessions are two hours in length and MUST directly relate to the field of energy psychology.
- All presentations must reflect the original work of the speakers. **Any presentations reflecting someone else's work other than by short reference must be accompanied by a letter from the originator of the work authorizing the presentation of material at this conference.**
- New presenters may be required to submit two letters of reference attesting to their ability to present **
- All proposals must be submitted via email to proposals@caiet.org by the **February 26th deadline**
- If you are selected to present at this conference, it is expected that you attend the entire conference.

Please Note: It is expected that all presenters who are selected, agree to help publicize yourself and thus the conference through your e-mail list, website and/or mailings.

Prior to drafting a proposal, writers are strongly urged to download an article written by David Gruder, PhD at www.acep-proposals.com/documents/HowToWriteWinning.pdf on drafting successful proposals.

Continuing Education:

Through ACEP continuing education credit has once again been applied for to National Association of Social Work Boards (ASWB #1048), the National board of Certified Counselors (NBCC #5868), the National Association of Alcohol and Drug Abuse Counselors (NAADAC #368), MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences (BBS #3536), the California Board of Registered Nursing (BRN #14626), and Oriental Medicine, Acupuncture, Chinese Herbology, and Asian Bodywork (ACHB # 727).

To be in compliance with all these various organizations' continuing education requirements, we must receive your CE presentation applications completed exactly as described below.

TWO HOUR BREAKOUT PRESENTATION PROPOSAL REQUIREMENTS:

We invite proposals on a wide range of topics that address one or more of the stated conference objectives. Our overall goal is to more fully define, establish and promote the evolving discipline of Energy Psychology through investigating Theory, Application, Innovation and Research with a focus on Research.

Item I. Cover Page

- **Presentation Title:** Make it descriptive and engaging and as brief as possible (Maximum 100 characters).
- **Audience Skill Level and any Pre-requisites:** beginner, intermediate, advanced, all
- **Presentation Methods:** Lecture (didactic), demonstration, case study, group interaction, discussion, experiential, video..

Presenter(s) Biographical Summaries: List each trainer's full name, title, degree (*please use only your highest credential and ACEP certification if appropriate*), professional licenses, and affiliation, as you would like this to appear in the conference program book, and indicated whether or not each person is a CAIET and/or or ACEP member.

- **A short bio** of no more than 100 words to accompany Publicity description. Please include your contact information in the 100-word count. Please send your curriculum vita separately.

- **Contact Information:** Include complete mailing address, daytime and evening telephone numbers, fax number, email address and any website information for each presenter. Please indicate which person is the primary contact.

Item II. Narrative and Outline of Presentation

- **Publicity Description:** Provide a concise and engaging 45-word description of the session (*subject to editing*) as it would appear in brochure if selected and written so that people will be excited to attend.

- **CE Credit Abstract:** Provide a dry, professionally worded technical description for CE documentation purposes only. Maximum 100 words.

- **Introduction:** State the purpose and rationale for the presentation. This is a nutshell summary of what will be presented and how this is relevant to one or more of the conference goals.

• **Objectives** - State three objectives in behavioral terms for continuing education purposes. (Example: "On completion of this session the participant will be able to: 1) Name three aspects of the human electromagnetic system; etc.") Please note that these must be behavioral objectives with measurable outcomes. DO NOT use terms such as "understand", "be familiar with", "learn", and "appreciate".

• **Presentation Content Outline:** An outline is a Roman numeral or bulleted skeleton of what will be covered and how much time is planned to present each section. (Example: I. Define Energy Psychology; II. Identifying Psychological Reversals; II A. Global Reversals; II B. Issue-Specific Reversals, etc. –30 minute increments) Total time should add up to two hours.

• **Evaluation:** Develop three questions - one question related to each objective - that can be used to test what the learners have achieved. (Example: "Three aspects of the human electromagnetic system are 1) ____2) ____3) ____.")

• **Bibliography** of relevant books or articles that pertain to this presentation, in format of Turabian's "A Manual for Writers of Term Papers, Theses, and Dissertations" or related American Psychological Association format.

• **Audio-visual Requests:** a flip chart and one microphone (for taping) per presenter is standard with further options of stools and an extra microphone for demonstrations. Presenters are required to foot the cost of any additional AV requests beyond those mentioned. ** Please be sure that you really need what you indicate that you do. Last year we were charged for equipment that was requested but not used.

• **NOTE: LCD projectors are NOT provided. Presenters are expected to bring their own laptops and projectors for power point presentations or make their own arrangements to borrow or rent.**

Item 111 Resumes or CV & Photo

Submit a complete resume or curriculum vitae in word document format as well as a headshot photo (web resolution) for each speaker. Please submit a new resume or vita even if you are a returning presenter.

SUBMISSION INFORMATION

EMAIL YOUR PROPOSAL AND A RESUME by **February 26th, 2010** to:

proposals@caiet.org

Please send as an attachment using Microsoft Word or rich text format

Accepted proposals will be confirmed by email.

NOTE: If you have not presented for us before, include a history of your presentations and 2 letters of recommendation.

BENEFITS OF PRESENTING AT CONFERENCE

- Registration at a discounted rate.
- Presenters' names and description of their work are circulated to thousands worldwide.
- Presenters may sell their books at our professionally run conference bookstore.
- Presenters will receive a complimentary professional audio CD of their presentations.
- The most popular and highly rated conference presenters will be considered for invitations to facilitate future pre-conference workshops.
- Most importantly, presenters share their knowledge with a highly skilled, influential group and play a significant part in the advancement of the dynamic, expanding field of energy psychology.

You may also bring brochures or other announcements of your own workshops or products to display at the back of the room during your breakout presentation. Many previous presenters have successfully marketed enrollment in their training programs through conference contacts. Although presenters are **not** allowed to sell products or training courses during sessions, we are happy to support this in other professionally appropriate ways.

Proceeds from this energy psychology conference are used to underwrite the many conference expenses and the continuing education that it provides. In this context, it is important to be aware that conference presenters do not receive an honorarium.

Thank you for choosing to be at the forefront in helping this expanding field mature by participating in this conference and by choosing to be a member of CAIET. Please encourage your colleagues to attend the conference and to support our efforts.

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CAIET is recognized as a non-profit organization Ontario Corporation Number 1774109.

The Canadian Association for Integrative and Energy Therapies (CAIET), formerly Meridian Seminars, was founded in 2008 as a Canadian nonprofit organization of licensed mental health professionals and related energy health practitioners committed to promoting the knowledge and understanding of Energy Psychology by providing and underwriting educational workshops and an annual Energy Psychology conference for professionals as well as for qualified and interested consumers. CAIET is committed to promoting the practice of complementary healthcare, with emphasis on Energy Psychology. Our vision is to advance knowledge, research and awareness of the practice of Energy Psychology as a developing complementary modality within the interactive mind/body structure. Our mission is to be a resource for healing and learning through the expanding field of Energy Psychology and to operate with integrity, purity of intent, generosity of spirit and an open mind.

For further information and to join, please visit the CAIET website: [www.caiet.org](http://www.caiet.org)

For more information please contact:

Email: [info@caiet.org](mailto:info@caiet.org)

Phone: 416-221-5639

Conference Site: [www.epccanada.ca](http://www.epccanada.ca)

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ACEP is an international non profit organization promoting professionally responsible Energy Psychology treatments and collaboration among practitioners, researchers and licensing bodies. As a nationally approved Continuing Education Provider in the USA for ASWB, NBCC, NAADAC, and NCCAOM, and in California for BSS & BRN ACEP maintains sole responsibility for all aspects of this program related to Continuing Education. For further information and to join, please visit the ACEP website:

www.energypsych.org

Education Chair: Carole Stern, MS, RNC, DCEP., education_director@energypsych.org

Important - Please Read Carefully

Please note that with the exception of the basic track, we are looking for new material. If you have presented the same material twice in the past two years, we ask that you submit a different proposal. (If you present on TAT or EFT, you can still present on those subjects... just find a different application on which to present. The goal here is to advance the field.) It is unlikely that we will choose proposals that have been presented twice in the past, except for the basic track.

Please be aware that except for the basic track we are assuming that the other tracks are at the intermediate to advanced levels.

Please note the importance of labelling the workshop as All or Intermediate/Advanced

Fundamentals: these are workshops that are suited for the fundamentals track. They are specifically geared to the novice.

ALL: a workshop that presupposes only a basic knowledge of EP. This would be a workshop that either does not require a great deal of EP knowledge or is in an area of EP that is a bit different. An example might be: an introduction to the 5 element theory and its application to meridian tapping approaches. Or an example might be a workshop on the use of EFT with eating disorders. An ALL workshop might teach the basic EFT recipe or the choices technique as well as the specific application to the issues presented with eating disorders

Intermediate/Advanced: a workshop that presupposes considerable knowledge of either EP or the specific content of the workshop. An example might be a workshop on the use of EFT with eating disorders. An intermediate/advanced workshop would not teach the basic EFT recipe or even some of the intermediate skills such as the choices technique. It would presuppose that the attendee knows this information and would focus more on the specific application to the issues presented with eating disorders.

Designated Tracks

I. Fundamentals of Energy Psychology: This track provides basic training in the principles and practice of EP (*Same as in previous years*).

II. Specific Populations: This track focuses on specific types of problems (*Examples: Pain, Trauma, Installing Positive Beliefs, Using Energy Psychology in Business Settings*) but not necessarily one energy-specific approach. This track will be used more for proposals that use more than one energetic approach.

III. Specific Approaches: Focuses on the theory or application of specific EP approaches. This track would be chosen for a workshop that focuses on one approach only. (*Examples: EFT for Anxiety Reduction, TFT for Addictions, TAT for Trauma, etc.*)

IV. Integrated Approaches to Energy Psychology: Integrates different EP approaches with each other as well as other therapeutic approaches (*Examples: EP and EMDR, EP and Hypnosis, Strategies to Integrate EFT with TAT*). Research based workshops now belong in this track. We are very interested in research results, or ideas about research or how research fits with clinical practice.

NOTE: In the past we have stated that all workshops must relate to energy psychology. This year there will be some flexibility in the following 3 tracks. The goal is to create some cross-fertilization of fields. Only a few workshops will be allowed in this area. Presenters must link the main issue being discussed back to Energy Psychology in some manner. **(The more adept you are at doing this, the better the chance of being accepted).**

V. Spirituality/Consciousness: Centers less around energy psychology specific technique and more around general principles of the energetic role consciousness and spiritual practice. Workshops on meditative practices would also belong in this track. (*For instance, a workshop on the practice of Buddhist meditation practice of Tonglen is a workshop that we would welcome.*) It would be helpful for such a workshop to spend some time discussing how an energy psychology practitioner could integrate this technique into his/her practice.)

VI. Developing the Practitioner: This track focuses on developing the self of the therapist/healer. Workshops on ethics, boundaries, and intuition, sharpening general clinical skills, developing the person of the therapist belong here.

VII. Energy Psychology Through the Life Cycle: This is a new track this year. We are actively looking for proposals that deal with EP & Geriatrics, and EP & Death and Dying. This track will also cover children and adolescents, childbirth, family and marriage issues, transitions, coping with illness and other issues through the life cycle.

VIII. Energy Psychology & Culture: This is a new track that is dedicated to looking at EP through a diversity of cultures. Examples of appropriate areas include: Using or marketing EP to younger generations, EP in schools, Cultural & International differences in applying EP, EP for dealing with racism, EP in a new healthcare environment, depiction of EP/EM/CAM in the media.

CE regulations require that a presenter have at least a Masters degree for a course to be given CE credit. If you do not have a master's degree, consider getting a co-presenter who does. The only other alternative is that if your course is accepted, it will not be offered for CE credit.