

THE CANADIAN ASSOCIATION FOR INTEGRATIVE AND ENERGY THERAPIES PRESENTS

# Integrative Healing & Transformation



Eleventh Annual Canadian

## Energy Psychology Conference

EPC Canada 2009

Featuring : Joe Dispenza, DC  
David Feinstein, PhD  
Donna Eden  
Sam Menahem, PhD  
Swami Beyondananda

*"Moving the culture toward a more natural, energy-conscious, spiritually-attuned approach to health care and to life."*

David Feinstein, Ph.D.

Novotel Toronto Centre  
45 The Esplanade, Toronto, ON, Canada

Main Conference: October 16-18, 2009  
Pre-Conference Workshops: October 15  
Post-Conference Workshops: October 19

**SIX series of breakout sessions with FIVE options within each series  
Allows You More Learning Opportunities - Don't Miss Out!**

**caiet** Canadian Association for  
Integrative and Energy Therapies

**acep** Association for  
Comprehensive Energy Psychology

# Emerging Strategies for Mind-Body-Spirit Integration

Interact and learn directly from The Best of the Best- the leading innovators and method developers in the field of Comprehensive Energy Psychology while enhancing your professional and personal development!

Energy Psychology is a family of mind-body techniques that are clinically observed to consistently help with a wide range of psychological conditions. These interventions address the human vibrational matrix, which consists of three major interacting systems:

- Energy pathways (meridians and related acupoints)
- Energy centers (chakras)
- Human biofield (systems of energy that envelop the body)

Bridging Psychology, Biophysics and Spirituality, these revolutionary methods have shown promise in assisting clients who are unresponsive to usual treatments by alleviating psycho-spiritual and mind-body distress such as traumas, anxiety, phobias, stress, limiting beliefs, addictions, compulsions, allergies and personality disorders. These treatments also are helpful in promoting high level mind-body health and peak performance in the physical, mental and creative arenas of life. Clinicians will be able to apply and integrate these procedures into their practice immediately. **The therapy of the future, available now!**

This conference continues to provide an exceptional opportunity to network and build connections. As in previous years, we expect an International group. Feed your intellect, nourish your spirit and satisfy your professional Continuing Education requirements all in an atmosphere of collegiality, collaboration, compassion and fun.

## Who should attend?

Psychotherapists, Social Workers, Psychologists, Nurses, Psychiatrists, Physicians, Chiropractors, Acupuncturists and TCM Practitioners, Marriage and Family Therapists, Counselors, Educators, Clergy, Energy Medicine Practitioners, Alternative Health Care Providers Human Resource Professionals, Trauma Specialists, Massage Therapists. The conference is open to anyone interested in their own healing and personal growth.

## Benefits of this Conference

At this conference you will:

- 1) Learn powerful tools to improve the functioning and well-being of your clients.
- 2) Initiate and deepen your skills in cutting edge methods for change.
- 3) Renew and reinvigorate your own energy and balance.
- 5) Initiate, strengthen and master practices that integrate mind, heart, body and spirit.
- 6) Network and strengthen relationships with like-minded professionals.

## Continuing Education Credits

Through ACEP Continuing Education is available for: Nurses, Professional Counselors, MFTs, Social Workers, Drug & Alcohol Counselors, Acupuncturists & TCM Practitioners

For more information regarding CE eligibility, contact Carole Stern at: [education\\_director@energypsych.org](mailto:education_director@energypsych.org).

## Conference Bookstore & Exhibits

Open all day Friday, October 16 through Sunday, October 18

- An extensive selection of books and CDs related to Energy Psychology will be available for sale in the professionally-managed Conference Bookstore.

- Discover a wide range of products and services aimed at the Energy Psychology marketplace.

## Your Conference Package Includes:

- Up to 18 Continuing Education Credits and Certificate
- Three inspiring keynote speakers
- Your choice of 30 breakout sessions
- Continental breakfast each day of the main conference
- Presenter handouts
- Special price conference audio package
- Your conference manual
- Morning warm-up activities
- Access to exhibits and conference bookstore

ATTENTION STUDENTS: Special discounts offered for full time college or graduate students with official identification. One year free CAIET membership included with conference registration.

## Conference Site and Accommodations

Novotel Toronto Centre  
45 The Esplanade, Toronto, ON, Canada

The Novotel Toronto Centre, an upscale boutique hotel with exceptional conference facilities and within walking distance of many of the main attractions, is located in the heart of vibrant downtown Toronto, a world-class city and cultural leader, renowned for its theatre, art galleries and music venues, easily accessible from most of North America.

A block of rooms has been reserved at the special conference rate of \$139.00 CAD until Wednesday September 30th, 2009. To reserve your room, please call **416-367-8900** and refer to the "Energy Psychology Conference" group block. You are strongly urged to make your hotel reservations as soon as possible to ensure availability.

Parking: The hotel has limited parking for conference attendees at \$17.00 a day. Several parking lots are close by.

From Toronto Pearson International Airport: The cost of an airline limo is approximately \$45CAD each way.

Local transportation: The Novotel Toronto Centre within walking distance of Union Station.

For more information regarding the hotel visit the conference website – [www.epccanada.ca](http://www.epccanada.ca)

# Main Conference Basic Schedule

## Thursday

7:30pm - 9:30pm Optional Evening Special Event  
Donna Eden with David Feinstein

## Friday, Saturday, Sunday

Exact times subject to change

7:00am - 4:00pm Registration  
6:30am - 7:30am Morning Warm-up Activities  
7:30am - 8:30am Continental Breakfast  
8:30am - 12:30pm Keynotes and Sessions (Fri & Sat)  
8:00am - 10:00am Sessions (Sunday)  
10:30am - 12:30pm Sessions (Sunday)  
10:00am - 10:30am Refreshment Break (each day)  
12:30pm - 2:00pm Lunch (on your own)  
2:00pm - 4:00pm Breakout sessions (Fri & Sat)  
4:15pm - 5:00pm Exhibitor presentations & meetings  
7:30pm - 9:30pm Optional Evening Activities  
2:00pm - 4:00pm Closing and certificates (Sunday)

## Inspirational Keynote Speakers

**The Biology of Change: The Neuroscience of the Transformative Process.** Joe Dispenza, PhD

**The Neurochemistry of Energy Psychology.** David Feinstein, PhD

**The Power of Humor, Song, Hypnotic Trance, Energy Psychology and Pomegranates in Holistic Healing.** Sam Menahem, PhD

**Music:** Troubadour, Scott Kalechstein, will once again entertain and delight us with song and guitar.

*“Energy medicine is the future of all medicine.”*

Norm Shealy, M.D., Ph.D., Founding President of the American Holistic Medical Association

## Main Conference Early Morning Energizers

**Gong with Aung** - 6:30 to 7:30am each day Qi Gong with celebrated qui gong master Dr. Steven K.H. Aung, CM, MD, FAAFP College of Integrated Medicine, Edmonton, AB

## Evening Special Events

Additional fee.

**Thursday** 7:30pm - 9:30pm **Energy Medicine: A Hands-on Demonstration.** Donna Eden with David Feinstein, PhD Open to the public.

**Friday** 7:30pm - 9:30pm **Wake Up Laughing: The Up-Wising Has Begun.** Swami Beyondananda with Scott Kalechstein Open to the public.

**Saturday** 7:30pm - 9:30pm **Breaking the Habit of Being Yourself: A Workshop for Personal Change.** Joe Dispenza, DC Open to the public.

## Pre-Conference Workshops

Thursday October 15, 9:00am - 5:30pm

**The Phoenix Effect: Basic Training.** Gloria Arenson, MS MFT

**Holographic Memory Resolution® – A Revolution in the Treatment of Trauma: Oklahoma City, TWA Flight 800, 9-11.** Brent Baum, CADC, CCH

**A Course In Laughter: Comedy As a Healing Art.** Steve Bhaerman

**Integrating Core Shamanic Practices in EP for Rapid Trance-formational Change.** Howard Brockman, LCSW, DCEP

**Pain Relief with EFT and Vibrational Medicine.** Carol Look, LCSW, DCH, EFT Master

## Post-Conference Workshop

Monday October 19, 9:00 am - 5:30 pm

**Energy Medicine: A Hands-on Experience.** Donna Eden with David Feinstein, PhD

For full description of each workshop visit [www.epccanada.ca](http://www.epccanada.ca)

# Breakout Sessions

## If you want to be a great Energy Psychology practitioner, learn from one

All breakout sessions are eligible for continuing education for Professional Counselors, MFTs, Social Workers, Drug and Alcohol Counselors, Registered Nurses, Oriental Medicine, Acupuncture, Chinese Herbology, and Asian Bodywork unless otherwise noted. (2 CE credits each)

**Taking Care of Yourself While You Take Care of Others: Vicarious Trauma, Energy Psychology and Essential Oils.** Arlene Anisman, BA, MEd

**Sacred Geometry of the Human Body.** Rev. Alicja Aratyn, MEng

**How to Use Energy Psychology to Control Compulsive Behaviors.** Gloria Arenson, MS, MFT, DCEP  
**Energizing, Purifying and Recycling Healing Energy.** Steven K.H. Aung, MD, OMD, PhD FAAFP, CM

**A Model of the Energetic-Emotional Heart and Methods for Its Measurement and Development.** Puran Bair, MS and Susanna Bair, ABC, CPsych

**Breakthroughs in Resolving Trauma and Mapping Pathology: Holographic Memory Resolution.** Brent M. Baum, CADC, CCH

**Transformation through BEAM™.** Joan Beattie, MD, FRCP(C) and Eileen Piegrass, PhD

**Healing the Healer Using Mindfulness Meditation.** Maria Becker, MD, FRCP(C)

**Spontaneous Evolution and Heartland Security.** Steve Bhaerman

**Heal Your Life Now: New Decision Therapy.** Kandis Blakely, PhD

**Archetypes & Energy Psychology: A Breakthrough Consciousness.** Jayni Bloch, MAC Psych Assoc

**Expanding the Frame to Working with Collectives: EP with Couples, Families and Groups.** Howard Brockman, LCSW, DCEP

**Addressing Depersonalization and Disorientation through the Unifying Framework and Methodology of EDR (Energetic Displacement Reintegration).** Yuliya Cohen, ERT

**Energy Medicine for Psychological Issues.** Donna Eden and David Feinstein, PhD

**Stop Treating the Endless Problems Parade: Facilitate Life Makeovers Instead.** David Gruder, PhD, DCEP

**Balancing Archetypes and Archetypal Energies as Part of Healing: An Integration.** Susan Guttenstein, PhD

**Creating Peace in the World: Collective Healing with Energy Psychology and Energy Medicine.** Mary Hammond MA DCEP

**Inner Journey Transformation: An Integrated Approach to Becoming the Authentic Self.** Lesley Hannell, BA, MA

**Integrating Energy Psychology & Dreamwork: the Dream to Freedom Technique™ to Identify & Heal Subconscious Emotional Issues.** Lynne M. Hoss, CEHP, MA and Robert J. Hoss, MS

**EP for Enlivening Romance in Healthy Aging.** Dorothea Hover-Kramer, EdD, RN, DCEP

**Awakening to The Source Within.** Dana How, EdS, LPC

**One Client, Many Voices: Transforming the Role of the Inner Critic.** Bala Jaison, PhD

**Logosynthesis®: Change through the Magic of Words.** Willem Lammers

**The Transformative Power of Grace: A Spa for the Soul™ Experience.** Lori Leyden, PhD

**The Vibration of Abundance With EFT.** Carol Look, LCSW, DCH, EFT Master

**When Bad Things Happen... How to Cope.** Sam Menahem, PhD

**Simplexity: Healing Through the Human Energy Field using the 7 Steps of "Brahman".** Pamela Meredith, BSc, OT

**Be the Light, Spread the Word: Reaching Wider Audiences with EP.** Betsy Muller, MBA CEHP

**Earthbound Spirit Release.** Barbara Stone, PhD, LISW, DCEP

**Energy Techniques for Reversing Symptoms of ADHD & Autism.** Jan Yordy, MEd, MSW, RSW

Topics and presenters are subject to change. Pre-registration for breakout sessions not required.



CAIET: The Canadian Association for Integrative and Energy Therapies, founded in 2008 by Sharon Cass Toole, PhD, DCEP, is a Canadian nonprofit organization of licensed mental health professionals and related energy and integrative health practitioners committed to promoting the knowledge and understanding of Energy Psychology and related fields by providing educational workshops and an annual Energy Psychology conference for professionals as well as for qualified and interested consumers. CAIET is committed to promoting the practice of complementary healthcare, with emphasis on Energy Psychology. Our vision is to advance awareness of the practice of Energy Psychology as a developing complementary modality within the interactive mind/body structure. Our mission is to be a resource for healing and learning through the expanding field of Energy Psychology and to operate with integrity, purity of intent, generosity of spirit and an open mind. Please support our efforts by becoming a member of CAIET and consider making a donation. We are also seeking sponsors. Ontario Corporation Number 1774109.



ACEP: The Association for Comprehensive Energy Psychology maintains sole responsibility for all aspects of this program related to Continuing Education. ACEP is a nationally approved provider for: • the Association of Social Work Boards (ASWB, 1048), • the National Board of Certified Counselors (NBCC, 5868), • the National Association of Alcohol and Drug Abuse Counselors (NAADAC, 368), • Acupuncturists and Practitioners of Oriental Medicine through the National Certification Commission for Acupuncture and Oriental Medicine provider (#ACHB 727). ACEP is an approved provider of continuing education (PCE3536) for the California Board of Behavioral Sciences (BBS) for California MFTs and LCSWs. Presentations designated for CE meet the qualifications for CE credit for MFTs and LCSWs as required by the BBS. ACEP is an approved Provider for the California Board of Registered Nursing (BRN # 14626). ACEP maintains responsibility for this program and its content. It is recommended that you keep this document in your possession for seven years from the event date. We do not guarantee coverage in every state. It is up to the individual participant to check with the licensing agency in his/her state to confirm coverage.

For more information regarding CE eligibility, contact Carole Stern: [education\\_director@energypsych.org](mailto:education_director@energypsych.org)

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